



President
Ms. Liz Ehrenstrom
City of Oroville

Vice President
Ms. Kristine Haile
City of Folsom

Treasurer
Mr. Tim Sailsbery
City of Willows

Secretary
Gina Will
Town of Paradise

**NORTHERN CALIFORNIA CITIES SELF INSURANCE FUND
POLICE RISK MANAGEMENT COMMITTEE MEETING
AGENDA**

Date: Thursday, May 2, 2019

Time: 10:00 a.m. - 1:00 p.m.
Training Session at 11:30 a.m.

Location: Rocklin Event Center - Garden Room
2650 Sunset Boulevard
Rocklin, CA 95677

A - Action
I - Information

1 - Attached
2 - Hand Out
3 - Separate Cover
4 - Verbal

MISSION STATEMENT

The Northern California Cities Self Insurance Fund, or NCCSIF, is an association of municipalities joined to protect member resources by stabilizing risk costs in a reliable, economical and beneficial manner while providing members with broad coverage and quality services in risk management and claims management.

- A. CALL TO ORDER**
- B. APPROVAL OF AGENDA AS POSTED** **A 1**
- C. PUBLIC COMMENTS**
This time is reserved for members of the public to address the Police Risk Management Committee on NCCSIF matters that are of interest to them.
- pg. 3 **D. CONSENT CALENDAR** **A 1**
All matters listed under the consent calendar are considered routine with no separate discussion necessary. Any member of the public or the Police Risk Management Committee may request any item to be considered separately.
- pg. 4 1. Police Risk Management Committee Meeting Minutes - February 21, 2019
- E. RISK MANAGEMENT**
- pg. 8 1. **Police Risk Management Grant Funds** **A 1**
Marcus Beverly will provide an update on grant fund usage and recommendations on whether to approve additional grant funding for FY 19/20.
- pg. 11 2. **Cordico Mobile Wellness Apps for Law Enforcement** **I 1**
The Committee will have an opportunity to listen to a presentation about the Cordico Wellness App from Cordico CEO, Dr. David Black.



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pg. 16	3. Legislative Update <i>The Committee members will receive an update about the current status of several bills focused on police agencies.</i>	I 4
pg. 18	4. Technology Discussion <i>The Committee will be asked to discuss their experiences with their department's body cameras, robots, drones or other new or innovative technology.</i>	I 4
pg. 20	5. Round Table Discussion <i>The floor will be open to Police Risk Management Committee members for any topics or ideas that members would like to address.</i>	I 4
pg. 21 pg. 22	F. INFORMATION ITEMS 1. NCCSIF 2019 Organizational Chart 2. NCCSIF 2019 Meeting Calendar	I 1

G. ADJOURNMENT

UPCOMING MEETING

- Executive Committee Meeting - May 16, 2019
- Claims Committee Meeting - May 16, 2019
- Board of Directors Meeting - June 13, 2019
- Police Risk Management Committee Meeting - August 1, 2019

TRAINING SESSION at 11:30 a.m.

Shifting the Wellness Mindset - Building a Fit for Life Culture by Paul Wright,
Founder and CEO of Savvy Health Solutions

Per Government Code 54954.2, persons requesting disability related modifications or accommodations, including auxiliary aids or services in order to participate in the meeting, are requested to contact Raychelle Maranan at Alliant Insurance Services at (916) 643-2712.

The Agenda packet will be posted on the NCCSIF website at www.nccsif.org. Documents and materials relating to an open session agenda item that are provided to the NCCSIF Police Risk Management Committee less than 72 hours prior to a regular meeting will be available for public inspection and copying at 2180 Harvard Street, Suite 460, Sacramento, CA 95815.

Access to some buildings and offices may require routine provisions of identification to building security. However, NCCSIF does not require any member of the public to register his or her name, or to provide other information, as a condition to attendance at any public meeting and will not inquire of building security concerning information so provided. See Government Code section 54953.3.



BACK TO AGENDA

**Northern California Cities Self Insurance Fund
Police Risk Management Committee Meeting
May 2, 2019**

Agenda Item D.

CONSENT CALENDAR

ACTION ITEM

ISSUE: The Police Risk Management Committee (PRMC) reviews items on the Consent Calendar, and if any item requires clarification or discussion a Member should ask that it be removed for separate action. The PRMC should then consider action to approve the Consent Calendar excluding those items removed. Any items removed from the Consent Calendar will be placed later on the agenda during the meeting in an order determined by the Chair.

RECOMMENDATION: Adoption of the Consent Calendar after review by the PRMC.

FISCAL IMPACT: None.

BACKGROUND: The following items are placed on the Consent Calendar for approval. The PRMC may approve the Consent Calendar items as presented, or any individual may request that an item be removed for discussion and separate action may be taken during the meeting.

ATTACHMENT(S): Police Risk Management Committee Meeting Minutes - February 21, 2019



**MINUTES OF THE
NCCSIF POLICE RISK MANAGEMENT COMMITTEE MEETING
ROCKLIN EVENT CENTER, ROCKLIN, CA
FEBRUARY 21, 2019**

MEMBERS PRESENT

Chief Robert Thompson, City of Dixon	Elizabeth Ehrenstrom, City of Oroville
Lt. Jeff Scott, City of Elk Grove	Chief Eric Reinbold, Town of Paradise
Detective Melanie Catanio, City of Folsom	Chief Dan Dailey, City of Rio Vista
Chief Tod Sockman, City of Galt (Vice Chair)	Chief Chad Butler, City of Rocklin
Interim Chief Allen Byers, City of Gridley	Asst. Chief Jeremy Garcia, City of Yuba City
Chief Doug Lee, City of Lincoln	Michael Young, City of Rocklin (training)
Lt. Manuel Cardoza, City of Marysville	

GUESTS & CONSULTANTS

Marcus Beverly, Alliant Insurance Services	Tom Kline, York Risk Services Group, Inc.
Raychelle Maranan, Alliant Insurance Services	Gail Zeigler, York Risk Services Group, Inc.
Dori Zumwalt, York Risk Services Group, Inc.	Chief John Carlie, City of Vacaville
Shawn Millar, York Risk Services Group, Inc.	Laura Cole, Cole Pro Media

A. CALL TO ORDER

Chief Tod Sockman called the meeting to order at 10:06 a.m.

B. APPROVAL OF AGENDA AS POSTED

A motion was made to approve the Agenda as posted.

Motion: Jeremy Garcia **Second:** Dan Dailey **Motion Carried**

C. PUBLIC COMMENTS

There were no public comments.

D. CONSENT CALENDAR

1. Police Risk Management Committee Meeting Minutes - November 1, 2018

A motion was made to approve the Consent Calendar as presented.

Motion: Jeremy Garcia **Second:** Jeff Scott **Motion Carried**



E. RISK MANAGEMENT

E.1. Police Risk Management Grant Funds

Mr. Marcus Beverly indicated that the NCCSIF members have funded grants totaling \$50,000 per year for their police departments to purchase and implement Body-Worn Cameras (BWC) since FY 14/15. Since inception of the police grants, all but four members have taken advantage of the grants and have BWCs in use. The Galt Police Chief is supportive of BWCs but has been unable to obtain political or financial support. Willows recently outsourced their police department but plans to remain in the program to fund their Lexipol Fire Policy Service annual fee. Jackson has BWCs but has yet to request grant funds for them. Anderson is taking a wait and see approach as management feels the drawbacks outweigh the benefits.

Chief Robert Thompson arrived at 10:16 AM.

Mr. Beverly indicated the main purpose of the grant was to fund the BWC and since majority of the agencies have fully funded BWC the grant can be used for general risk management purposes only if the agency has fully-funded BWC program. It was noted the fund is used primarily for body camera and storage. Chief Doug Lee of Lincoln PD asked about the criteria for other use. Mr. Beverly indicated the purpose is to aim in reducing the frequency and severity of claims.

Chief Sockman of Galt PD indicated he would certainly like to use the grants for Cordico Wellness App.

After discussion, the Committee expressed interest in allowing members to use the current grants for the Cordico app or other risk management needs as a way of clearing out the balances of those members who have yet to use the grants and would like for the grant program to continue for next FY 19/20. Some agencies, Dixon and Elk Grove, are already using the Cordico wellness app.

E.2. Cordico Mobile Wellness Apps for Law Enforcement

Chief John Carli of Vacaville Police Department spoke about his department's experience with Cordico Mobile Wellness Apps for Law Enforcement. The Cordico Wellness Apps provide wellness resources on demand 24/7. The City of Vacaville is the early adopter of Cordico service. Chief Carli circulated two reports on: 1) Final report of The President's Task Force on 21st Century Policing, published in May 2015; and 2) Officers' Physical and Mental Health and Safety Follow up assessment and recommendation report, published in April 2018. Cordico provides expert peer support within the region and on demand site services. This is the future of individualized peer support and HIPPA approved compliance teletherapy.

Lt. Scott of Elk Grove PD mentioned his agency uses Cordico app and recently included Wellness portion for the spouses. Elk Grove PD mandates their officers to see Dr. Black before returning to work. The app is well received by their agency.

Chief Thompson of Dixon PD mentioned his agency also provides Wellness for the spouses and does spousal interview to get them involved in the beginning. The app is well received by their agency.

Chief Carli indicated this is the future of life fitness body and mind approach best practices with family involvement. The cost is unknown due to number of services available and scalable to each agency's needs. After Chief Carli's presentation, a couple of agencies are considering the Cordico Wellness and would like the support of the Board with funding to cut down the cost for each agency to implement at their jurisdiction.

The Committee directed Tom Kline to have Dr. David Black, CEO and Founder of Cordico, present to the group at the next meeting.

E.3. Workers' Compensation Claims Analysis

Ms. Dori Zumwalt from York provided an overview of police department claims analysis for the past five years. The report provided a better understanding of the nature and severity of injuries. The need to implement health and wellness programs were discussed that could help reduce workplace injuries and in turn, keep claims cost down. Ms. Zumwalt indicated that she can customize a report for each agency by request to provide to their respective City Council. Ms. Zumwalt suggested Savvy Fitness as future training topic.

Provided as information only.

E.4. Technology Discussion

Mr. Kline shared Analytical Patrol Model by Directorate 2 as another resource tool for law enforcement to use intelligence techniques to prevent biased policing.

Chief Butler of Rocklin PD shared a success story of a liability case that has been avoided based on video evidence.

E.5. Round Table Discussion

Mr. Kline went over the future training topics as follows:

- Dr. David Black, CEO and Founder of Cordico Wellness Apps for Law Enforcement
- Paul Wright, Founder and CEO of Savvy Health Solutions
- 15-minute presentation by San Bruno PD Commander on the Active Shooter Incident at the YouTube Headquarters

Ms. Gail Zeigler mentioned that NCCSIF is scheduled to conduct a Workplace Violence 101 regional training on July 18 in Galt and July 19 in Corning.



The Committee recessed for lunch at 11:28 a.m.

The meeting resumed at 11:50 a.m.

Laura Cole, President and Founder of ColePro Media, provided a presentation on “Having a Communication Strategy During a Crisis” where she covered the art of communicating, how to get your message out, the ins and outs of a successful media interview, tips for holding successful community meetings, and crisis communications.

Michael Young from City of Rocklin joined the training session.

Chief Allen Byers left the meeting at 12:05 p.m.

Ms. Cole indicated the appropriate time to release camera footage is within ten days, but show the video to the family first. She highly recommend to have a dedicated liaison that speaks between the family and the department.

The training ended at 1:00 p.m.

Meeting adjourned at 1:00 pm

Next Meeting Date: May 2, 2019

Respectfully Submitted,

Gina Will, Secretary

Date



Agenda Item E.1.

POLICE RISK MANAGEMENT GRANT FUNDS

ACTION ITEM

ISSUE: In the last five years, the Board has approved a total of \$250,000 in grant funds for Police Risk Management. The Grant Funds Historic Usage Report is included to ensure members are aware of the available grants for their agencies.

Funding for the grants has been approved for FY 19/20, though the Board has questions about the application for members without Body Worn Cameras that will be addressed at the meeting.

RECOMMENDATION: Provide feedback and recommendations regarding grant use.

FISCAL IMPACT: To be determined.

BACKGROUND: The Board approved a FY 14/15 budget of \$50,000 for the purchase of body cameras for NCCSIF's police agencies. The funds were initially used to purchase a total of 58 cameras directly from VieVu at a quantity discount. Two members used the funds to purchase different cameras and two have yet to take advantage of the funds. The FY 15/16 and FY 16/17 budgets of \$50,000 were allocated to the members to fund their body camera programs. If the body camera program is fully funded then member agencies have the option to use the funds for other safety and risk management uses such as data storage for body cameras, ballistic vests, and concealable vests with load bearing carriers. The FY 17/18 budget of \$50,000 and the FY 18/19 budget of \$50,000 were both allocated to the member police agencies for safety and risk management uses.

ATTACHMENT(S):

1. Police Risk Management Grant Funds Historic Usage Report
2. Police Risk Management Grant Request Form

NCCSIF POLICE RISK MANAGEMENT GRANT FUNDS HISTORIC USAGE REPORT - as of 2/15/2019

Member	FY 14/15 \$50,000 Grant Camera Allocation	FY 15/16 \$50,000 Grant Fund Allocation	FY 16/17 \$50,000 Grant Fund Allocation	FY 17/18 \$50,000 Grant Fund Allocation	FY 18/19 \$50,000 Grant Fund Allocation	GRAND TOTAL	YTD Reimbursements Made	REMAINING FUNDS	Reimbursement Notes/Usage
1 Anderson	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00		\$6,060.00	
2 Auburn	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$12,120.00	\$0.00	4/25/17 \$6,280.56 (12 VieVu LE4 mini body worn cameras) 9/8/17 \$3,029.18 (4 VieVu LE4mini & 1 multi-dock LE4) 2/5/19 \$2,810.26 portion of invoice (16 VieVu LE5 body worn cameras)
3 Colusa	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$3,030.00	\$3,030.00	7/27/17 \$3,030 (concealable vests with load bearing carriers)
4 Corning	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$5,592.38	\$467.62	9/6/16 \$3,291.26 (4 VieVu LE4 body cameras) 2/15/19 \$2,301.12 firewall
5 Dixon	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$8,994.38	\$3,125.62	4/20/17 \$6,060 (30 Wolfcom Vision 1080p body camera with rotatable camera head and 32GB memory) 6/1/18 \$2,934.38 (3 Wolfcom Vision 1080p body camera + training cost for force options simulator)
6 Elk Grove*	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$12,120.00	\$0.00	1/11/18 \$9,090 (WatchGuard Vista HD body cameras) 3/20/19 \$3,030 (portion of Cordico Wellness Program)
7 Folsom	5	\$3,787.50	\$3,787.50	\$3,787.50	\$3,787.50	\$15,150.00	\$7,575.00	\$7,575.00	10/5/16 \$7,576 (8 VieVu LE4 body camera and 1 multi-dock network station)
8 Galt	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00		\$12,120.00	1/25/18 <i>Plan to use fund /BWC program under consideration</i>
9 Gridley	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$4,543.26	\$1,516.74	9/6/16 \$3,291.26 (4 VieVu LE4 body camerass) 3/28/18 \$1,252 (one VieVu LE5 camera and seven Public Safety Vests)
10 Ione	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$4,625.61	\$1,434.39	11/2/16 \$1,655.23 (2 VieVu LE4 body camera) 9/8/17 \$1,736.24 balance (2 VieVu LE4 body cameras and 2 LE4 Cradle) 5/21/18 \$1,234.14 (2 VieVu LE5 body camera and license for Veripatrol Software)
11 Jackson	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00		\$6,060.00	
12 Lincoln	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$6,548.50	\$5,571.50	10/5/16 \$6,060 (8 VieVu LE4 body cameras)
13 Marysville	3	\$2,272.50	\$2,272.50	\$2,272.50	\$2,272.50	\$9,090.00	\$4,919.87	\$4,170.13	8/18/17 \$4,919.87 (6 VieVu LE4 body cameras)
14 Nevada City	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$4,545.00	\$1,515.00	2/6/18 \$4,545 (Body Camera Storage and Equipment cost for 2015-2017)
15 Oroville	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$12,120.00	\$0.00	9/23/16 \$3,010 (Video Storage Buffalo Terastation) 10/5/16 \$3,050 (5 VieVu LE4 body cameras) 11/20/17 \$1,174.00 (1 Tactical Armor-Ballistic Vest) 9/4/18 \$4,886 (20 VieVu LE5s body cameras)
16 Paradise	3	\$2,272.50	\$2,272.50	\$2,272.50	\$2,272.50	\$9,090.00	\$4,545.00	\$4,545.00	11/15/16 \$762.14 (5 flashlights) + \$1,477.28 (1 VieVu LE4 multi-dock station) 3/14/17 \$2,305.58 (Ballistic Vests)
17 Placerville*	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$3,970.32	\$2,089.68	12/28/17 \$3,970.32 (4 Tactical Armor-Ballistic Vests)
18 Red Bluff	3	\$2,272.50	\$2,272.50	\$2,272.50	\$2,272.50	\$9,090.00	\$4,545.00	\$4,545.00	2/17/17 \$1,473.74 (Apex Body cam storage remediation) 10/18/17 \$3,071.26 (5 VieVu LE4 body cameras) 1/25/18 <i>Plan to use to purchase more BWC & future funds to replace old cameras</i>
19 Rio Vista	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$4,241.15	\$1,818.85	11/16/17 \$4,241.15 (9 VieVu LE5 body cameras)
20 Rocklin	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$12,120.00	\$0.00	10/5/16 \$6,516.24 (4 VieVu LE4 body cameras, 1 LE4 multi-dock, 1 LE3 multi-dock) 1/3/19 \$5,603.76 (58 Lenslock bwc cameras and 25 in car dash cameras)
21 Willows	2	\$1,515.00	\$1,515.00	\$1,515.00	\$1,515.00	\$6,060.00	\$2,130.00	\$3,930.00	6/18/18 \$2,130 for 18/19 Lexipol-Fire Policy Service annual fee
22 Yuba City	4	\$3,030.00	\$3,030.00	\$3,030.00	\$3,030.00	\$12,120.00	\$6,060.00	\$6,060.00	5/5/17 \$6,060 (Data911 body-worn cameras)
TOTAL	58	\$49,995.00	\$49,995.00	\$49,995.00	\$49,995.00	\$199,980.00	\$124,345.47	\$75,634.53	

*Opted for Cash Allocation to purchase other than VieVu Camera
Fund Allocation is based on cost of camera at \$757.50 each



POLICE RISK MANAGEMENT GRANT REQUEST FORM

Member Entity Name: _____

Submitted by: _____ Submission Date: _____

Available Funds: _____ Requested Funds: _____

Please use the following lines to describe the proposed use for your funds, and be sure to attach any applicable backup data such as purchase order, receipts, etc.

(If additional room is needed, please attach separate sheet.)

Check Payable to: _____

Mail Check to: _____

Signature: _____ Date: _____

Please e-mail the completed form to: Raychelle Maranan at Raychelle.Maranan@alliant.com

STAFF USE ONLY

Program Administrator Approval: _____

Total Amount Subject to Reimbursement: \$_____



Agenda Item E.2.

CORDICO MOBILE WELLNESS APPS FOR LAW ENFORCEMENT

INFORMATION ITEM

ISSUE: The PRMC members were made aware of the Cordico Mobile Wellness Apps for Law Enforcement, which is specifically designed to meet the needs of law enforcement. The Cordico Mobile Wellness Apps for Law Enforcement provides wellness resources on demand.

The City of Dixon and the City of Vacaville are early adopters of this Cordico service. At the February 21, 2019 PRMC meeting, City of Vacaville Police Chief John Carli spoke about his department's experience with the Cordico Mobile Wellness Apps for Law Enforcement and answered questions from the committee members. This type of resource would fit the criteria for a risk management grant if the member already has a body camera program in place.

Cordico CEO, Dr. David Black will speak about the Cordico Mobile Wellness Apps for Law Enforcement and answer questions.

RECOMMENDATION: Information only.

FISCAL IMPACT: None.

BACKGROUND: None.

ATTACHMENT(S): Cordico Mobile Wellness Apps for Law Enforcement



Cordico Mobile Wellness Apps for Law Enforcement

Law enforcement professionals face enormous stressors, pressures, and demands over the course of their careers. Our society depends upon them to repeatedly respond to traumatic events, and research reveals that officers nationwide overwhelmingly report that stress on the job has impacted their mental health. Leveraging input from thousands of first responders over the past 15+ years, our team painstakingly designed the Cordico Law Enforcement Wellness Apps as a scalable, high-tech solution to help strengthen the mental and physical wellness of law enforcement officers throughout the United States. Customized and branded for each agency, this innovative mobile technology is available 24/7/365, providing immediate handheld access to powerful wellness tools, including:

- ★ Alcohol Abuse
- ★ Anger Management
- ★ Behavioral Health Tools
- ★ Critical Incidents
- ★ Chaplain Support
- ★ Depression
- ★ Emotional Health
- ★ Family Support
- ★ Financial Fitness
- ★ Healthy Habits
- ★ Mental Toughness
- ★ Mindfulness
- ★ Officer Wellness
- ★ Peak Performance
- ★ Peer Support
- ★ Psychological First Aid
- ★ PTSD and PTSI
- ★ Push Notifications (Optional)
- ★ Relationship Success
- ★ Resilience Development
- ★ Self-Care Checklists
- ★ Sleep Optimization
- ★ Stress Management
- ★ Stress Response
- ★ Suicide Prevention
- ★ Supporting Children Who Fear for Your Safety
- ★ Teletherapy Access
- ★ Therapist Finder
- ★ Trauma
- ★ Wellness Self-Assessment Tools
- ★ Wellness Videos
- ★ Work-Life Balance

★ **NEW Resource:** Overview of Dr. Kevin Gilmartin’s *Emotional Survival for Law Enforcement*



Benefits and Statistics

Benefits of the Cordico Law Enforcement Wellness Apps can include:

- Provide 24/7/365 **on-demand** access to powerful stress management and resilience tools
- Drive early awareness and **solutions** for stress-related problems
- Find **vett**ed therapists using Cordico geo-mapping technology
- Deliver rapid, **confidential**, easy access to support resources
- Access HIPAA-encrypted **teletherapy**

Officers nationwide overwhelmingly report that stress on the job has impacted their mental health.

<https://www.nbcnewyork.com/news/local/I-Team-Nearly-1-in-5-Cops-Has-Considered-Suicide-Amid-Stigma-Around-Mental-Health-Issues-500928011.html>

Law enforcement suicides outnumber all combined line-of-duty deaths.

<https://www.usatoday.com/story/news/2018/04/11/officers-firefighters-suicides-study/503735002/>

90% of law enforcement officers report there is a stigma in law enforcement that creates a barrier to getting help for emotional or behavioral issues.

<https://www.nbcnewyork.com/news/local/I-Team-Nearly-1-in-5-Cops-Has-Considered-Suicide-Amid-Stigma-Around-Mental-Health-Issues-500928011.html>

Health care expenditures are nearly 50% greater for workers who report high levels of stress.

Journal of Occupational and Environmental Medicine <https://www.cdc.gov/niosh/docs/99-101/default.html>

40% of job turnover is the result of stress.

<https://www.uml.edu/research/cph-new/worker/stress-at-work/financial-costs.aspx>

Depression is the largest single predictor of absenteeism and work-related performance.

<https://www.uml.edu/research/cph-new/worker/stress-at-work/financial-costs.aspx>

Preventing a single workers' comp stress claim can provide hundreds of thousands of dollars in cost savings.

Conversations with multiple risk management professionals responsible for workers' comp stress claim payments

\$52 billion: Approximate amount of money employers pay per year for direct workers' compensation costs.

Occupational Safety and Health Administration, United States Department of Labor <https://www.osha.gov/dcspl/products/topics/businesscase/costs.html>

“It is hard to measure the benefit of what doesn’t happen, but we are convinced we have a valuable tool that has evolved over the years to help control both the direct and indirect costs of public safety risk.”

Jeff Tonks, CEO, Pooled Insurance Risk Manager (Client of Cordico)

“I’m impressed with what Cordico is doing to support our first responders. If you take a look at what Cordico is offering, I think you too will be impressed.”

Gordon Graham, Risk Management Expert, Co-Founder of Lexipol

Underline and bold emphasis added for illustrative purposes.

<p>Minimal Customization</p> <p>Lowest Cost</p> <p>Full Wellness Toolkit Included</p>	<p>Local Customization</p> <p>Custom Resources</p> <p>Full Wellness Toolkit Included</p>	<p>Maximum Customization</p> <p>Dynamic + Interactive</p> <p>Full Wellness Toolkit Included</p>
Agency-Branded App	Agency-Branded App	Agency-Branded App
Private App Deployment	Private App Deployment	Private App Deployment
Confidential Access	Confidential Access	Confidential Access
	Customized Therapist Finder With Geo-Location	Customized Therapist Finder With Geo-Location
	Customized Peer Support	Customized Peer Support
	Customized Chaplain Support	Customized Chaplain Support
	Customized Local Resources	Customized Local Resources
		Access to the Cordico App Admin Portal
		Cordico App Admin Portal Training for Agency-Designated Employee
		Ability to Send Push Notifications
		Ability to Edit and Modify App Content
		Ability to Add New Customized App Content (Articles, Videos, Links, and More)
		Ability to Add New App Features (Customized Daily Wellness Tips, Agency Fitness Challenges, Agency Wellness Events, Calendars, and More)
<p>Request a Quote</p> <hr style="border: 2px solid orange;"/>	<p>Request a Quote</p> <hr style="border: 2px solid orange;"/>	<p>Request a Quote</p> <hr style="border: 2px solid orange;"/>

Cordico Mobile Wellness Apps for Law Enforcement

Customization Overview

The Law Enforcement Mobile Wellness Apps are designed to be highly customizable on an ongoing basis to meet the needs of each unique agency. Every App is customized from the start, beginning with the icon button that opens the App (based upon your agency's badge or logo) and incorporating any agency-specific images, videos, peer support, chaplain(s), and preferred local resources. The goal is for the App to be a highly organized tool that contains all of the best wellness resources for your agency, available on-demand, 24/7/365, in an exceptionally easy to navigate interface.

Agencies can designate an employee to have access to the Cordico App Admin Portal, which allows them to:

- Send push notifications via the App
- Add new agency-specific wellness content to the App (examples might include Workout of the Day, Local Hiking Resources, or a Wellness Events Calendar)
- Add new agency-specific wellness videos to the App
- Add links to specified wellness content available online to the App
- Add additional content to the App (e.g., municipal codes, school maps, risk management checklists, etc.)
- Add or remove Peer Support Personnel and contact information
- Add or remove Chaplain Support Personnel and contact information
- Add or remove preferred professional resources (e.g., therapists) and contact information

Cordico can also manage customization of your App, including all of the above examples, along with the ability to add new content over time, modify existing content, and continually manage technology updates to your App.

Examples of recent content added to the Apps include:

- Detailed summary of Dr. Kevin Gilmartin's Emotional Survival for Law Enforcement
- Guidelines for Making Marriage Work based upon the work of Dr. John Gottman
- Key principles for achieving peak performance

Examples of new content currently under development for the Apps include (available soon):

- The Human Behind the Badge: Mindfulness for Law Enforcement by Chief of Police Jennifer Tejada
- Financial Health for Law Enforcement
- Parenting Tips for Law Enforcement
- Nutrition for Law Enforcement

"I'm impressed with what Cordico is doing to support our first responders. If you take a look at what Cordico is offering, I think you too will be impressed."

Gordon Graham, Risk Management Expert, Co-Founder of Lexipol



LEGISLATIVE UPDATE

INFORMATION ITEM

ISSUE: The following bills were introduced in the California Legislature 2019-2020 Regular Session and if signed into law will affect police agencies:

1. **Assembly Bill AB 392 - Weber. Peace officers: deadly force.**

An act to amend Sections 196 and 835a of the Penal Code, relating to peace officers.

This bill would redefine the circumstances under which a homicide by a peace officer is deemed justifiable to include when the killing is in self-defense or the defense of another, consistent with the existing legal standard for self-defense, or when the killing is necessary to prevent the escape of a fleeing felon whose immediate apprehension is necessary to prevent death or serious injury. The bill would additionally bar the use of this defense if the peace officer acted in a criminally negligent manner that caused the death, including if the officer's criminally negligent actions created the necessity for the use of deadly force. This bill would also affirmatively prescribe the circumstances under which a peace officer is authorized to use deadly force to affect an arrest, to prevent escape or to overcome resistance.

2. **Assembly Bill SB 230 - Caballero. Law enforcement: use of deadly force: training: policies.**

An act to add Chapter 17.4 (commencing with Section 7286) to Division 7 of Title 1 of the Government Code, and to amend Section 196 of, and to add Section 13519.10 to, the Penal Code, relating to law enforcement.

This bill would require each law enforcement agency to maintain a policy that provides guidelines on the use of force, utilizing de-escalation techniques and other alternatives to force when feasible, specific guidelines for the application of deadly force, and factors for evaluating and reviewing all use of force incidents, among other things. The bill would require each agency to make their use of force policy accessible to the public. By imposing additional duties on local agencies, this bill would create a state-mandated local program.

This bill would revise the circumstances under which a homicide by a peace officer is justifiable to apply to those situations in which the officer reasonably believes the escape of the suspect poses an imminent threat of death or serious physical injury to the officer or others or when a fleeing suspect has committed a felony involving the infliction or threatened infliction of death or serious bodily harm. By changing the circumstances under which a peace officer may be charged and convicted of a homicide, this bill would impose a state-mandated local program.



**Northern California Cities Self Insurance Fund
Police Risk Management Committee Meeting
May 2, 2019**

Agenda Item E.3. (continued)

This bill would require the commission to implement a course or courses of instruction for the regular and periodic training of law enforcement officers in the use of force. The bill would require the commission to develop uniform, minimum guidelines for adoption and promulgation by California law enforcement agencies for the use of force, as specified. The bill would encourage law enforcement agencies to adopt and promulgate a use of force policy and would state the intent of the Legislature that each law enforcement agency adopt, promulgate, and require regular and periodic training consistent with the agency's policy that complies with the guidelines developed under this bill.

This bill would make findings and declarations regarding the intent of the bill, as it pertains to law enforcement agencies' use of force policies, including that those policies may be introduced in legal proceedings and may be considered as a factor in determining the reasonableness of an officer's actions, but do not impose a legal duty on an officer to act in accordance with the policy.

3. Assembly Bill SB 542 – Stern. Workers' compensation.

An act to add Section 3212.15 to the Labor Code, relating to workers' compensation.

This bill would provide that in the case of certain state and local firefighting personnel and peace officers, the term "injury" also includes a mental health condition or mental disability that results in a diagnosis of post-traumatic stress or mental health disorder that develops or manifests itself during a period in which the firefighting member or peace officer is in the service of the department or unit. These provisions would apply to claims for benefits filed or pending on or after January 1, 2017.

RECOMMENDATION: Information only.

FISCAL IMPACT: None.

BACKGROUND: The Program Administrators continue to track the progress of these bills as they make their way through the legislative process. September 13th is the last day for each house to pass bills and October 13th for the Governor to sign or veto bills.

ATTACHMENT(S):

1. Link to SB 230: http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201920200SB230
2. Link to AB 392: http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201920200AB392
3. Link to SB 542: http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201920200SB542



BACK TO AGENDA

**Northern California Cities Self Insurance Fund
Police Risk Management Committee Meeting
May 2, 2019**

Agenda Item E.4.

TECHNOLOGY DISCUSSION

INFORMATION ITEM

ISSUE: The Police Risk Management Committee members will be asked to discuss their experiences with their department's body cameras, robots, drones or other new or innovative technology like the Helus Shield.

RECOMMENDATION: None.

FISCAL IMPACT: None.

BACKGROUND: The Program Administrators were recently made aware of the Helus Shield.

ATTACHMENT(S): Manteca Bulletin article about the deployment of Helus Shield by the San Joaquin County Sheriff department

JASON CAMPBELL

Manteca Bulletin



Updated: April 12, 2019, 1:02 a.m.

It weighs 10 pounds, is fully-collapsible, and fits into the trunk of a standard police cruiser.

And it just could end up saving the life of a San Joaquin County Sheriff's Deputy and the people they rush in to protect.

The Helus Shield – named after the Ventura County Sheriff's Department Sgt. who was killed when he rushed into an active shooter situation at a bar last November – is now a tool that local deputies will have at their disposal when responding to calls like the one that Ron Helus took last year at a bar in Thousand Oaks.

Helus, who gave his life in order to subdue an active shooter that ultimately killed 11 people, served as the inspiration for the creation of the shield which replaces traditional ballistic shields that are often clunky and rigid.

San Joaquin County Sheriff Pat Withrow has championed the use of the shields, which were designed in part by the department's range master, since before he took office and earlier this month announced the deployment of 20 of the \$600 pieces of equipment that he hopes will eventually be available to every sworn deputy on the force.



ROUND TABLE DISCUSSION

INFORMATION ITEM

ISSUE: The floor will be open to the Committee for discussion.

RECOMMENDATION: None.

FISCAL IMPACT: None.

BACKGROUND: Alliant and York have been directed to organize and continue the NCCSIF Police Risk Management Committee. These meetings will be held on a quarterly basis and members have directed Alliant and York to include a Round Table Discussion Item in the agendas.

ATTACHMENT(S):

1. An Officer Safety and Wellness Group Meeting Summary titled *Officers' Physical and Mental Health and Safety: Emerging Issues and Recommendations*.

Washington DC: Office of Community Oriented Policing Services. April 2018

Link to the full report: <https://ric-zai-inc.com/Publications/cops-w0862-pub.pdf>

2. An Officer Safety and Wellness Group Meeting Summary titled *Improving Law Enforcement Resilience: Lessons and Recommendations*.

Washington DC: Office of Community Oriented Policing Services. October 2016

Link to the full report: https://www.leonearmiss.org/wp-content/uploads/2018/01/COPS-BJA_Improving-Law-Enforcement-Resilience_2017.pdf

NORTHERN CALIFORNIA CITIES SELF INSURANCE FUND

2019 Organizational Chart

Updated as of 4/19/2019

MEMBER ENTITY	BOARD OF DIRECTORS	BOARD ALTERNATES	RISK MANAGEMENT COMMITTEE	POLICE RISK MANAGEMENT COMMITTEE
City of ANDERSON	Liz Cottrell	Jeff Kiser	Liz Cottrell	Chief Michael Johnson
City of AUBURN	Cristina Shafer	Vacant	Shari Harris	Chief Ryan L. Kinnan
City of COLUSA	Toni Benson	Vacant	Toni Benson	Chief Josh Fitch
City of CORNING	Kristina Miller	Tom Watson	Tom Watson	Chief Jeremiah Fears
City of DIXON	Rachel Ancheta	Kim Stalie	Rachel Ancheta	Chief Robert Thompson
City of ELK GROVE	Brad Koehn	Kara Reddig	Jim Ramsey Julie Rucker - Alternate Rep.	Lieutenant Jeff Scott
City of FOLSOM	*VP / *EC / *CC Jim Francis	*Kristine Haile	Kristine Haile	Vacant
City of GALT	EC / CC Cora Hall	Eugene Palazzo	Cora Hall	Chief Tod Sockman (Vice-Chair)
City of GRIDLEY	*EC Vacant	*Elisa Arteaga	Elisa Arteaga	Interim Chief Allen Byers
City of IONE	Jon Hanken	Lori McGraw	Jon Hanken	Chief Tracy Busby
City of JACKSON	Yvonne Kimball	Dalacie Blankenship	Yvonne Kimball	Interim Chief Chris Mynderup
City of LINCOLN	EC Veronica Rodriguez	Ruthann Codina	Veronica Rodriguez	Chief Doug Lee
City of MARYSVILLE	Vacant	Jennifer Styczynski	Jennifer Styczynski	Chief Chris Sachs
City of NEVADA CITY	EC Loree' McCay	Catrina Olson	Loree' McCay	Chief James Leal
City of OROVILLE	P / EC / CC Liz Ehrenstrom (Chair)	Vacant	Liz Ehrenstrom (Chair)	Vacant
Town of PARADISE	S / EC / CC CJPRMA Rep Gina Will	Crystal Peters	Crystal Peters	Chief Eric Reinbold
City of PLACERVILLE	Dave Warren	Cleve Morris	Dave Warren	Chief James Ortega
City of RED BLUFF	Sandy Ryan	Anita Rice	Sandy Ryan	Chief Kyle Sanders (Chair)
City of RIO VISTA	*EC Jose Jasso	*Jen Lee, CPA	Jose Jasso	Chief Dan Dailey
City of ROCKLIN	Kimberly Sarkovich	Andrew Schiltz, CPA	Kimberly Sarkovich	Chief Chad Butler
City of WILLOWS	T / EC / CC Tim Sailsbery, CPA	Vacant	Wayne Peabody	N/A
City of YUBA CITY	Natalie Springer	Robin Bertagna, CPA	Sheleen Loza	Chief Robert Landon

OFFICERS		
		Term of Office
President (P)	Liz Ehrenstrom	1/1/2019 - 12/31/2020
Vice President (VP)	Kristine Haile	1/1/2019 - 12/31/2020
Treasurer (T)	Tim Sailsbery	1/1/2019 - 12/31/2019
Secretary (S) CJPRMA Board Representative	Gina Will	9/27/2018 - 12/31/2020

Executive Committee (EC) - membership on the EC rotates annually based on a rotation schedule and each member serves for a two-year term, with the President serving as Chair of the Committee.

Claims Committee (CC) - members of the CC are annually selected by the EC. CC is traditionally made up of at least five members of the EC, with the Vice President serving as Chair of the Committee.

PROGRAM ADMINISTRATORS (Alliant Insurance Services)
Marcus Beverly
Michael Simmons
Raychelle Maranan

CLAIMS ADMINISTRATORS (York Risk Services)
Dorienne Zumwalt
Steven Scott (Workers' Comp)
Jill Petrarca (Liability)

RISK CONTROL CONSULTANTS (Bickmore)
Enriqueta (Henri) Castro
Tom Kline
Dave Beal

ADVISORS
Byrne Conley (Board Counsel)
James Marta, CPA (Accounting)
Nicole Rushing (Accounting)



2019 MEETING CALENDAR

- Thursday, February 21, 2019 **Police Risk Management Committee** at 10:00 a.m.
- Thursday, March 14, 2019 *Executive Committee* at 10:00 a.m.
Claims Committee at 11:30 a.m.
- Thursday, April 25, 2019 **Risk Management Committee** at 10:00 a.m.
Board of Directors at 12 noon
- Thursday, May 2, 2019..... **Police Risk Management Committee** at 10:00 a.m.
- Thursday, May 16, 2019..... **Claims Committee** at 10:00 a.m.
Executive Committee at 11:30 a.m.
- Thursday, June 13, 2019..... **Board of Directors** at 10:00 a.m.
- Thursday, August 1, 2019 **Police Risk Management Committee** at 10:00 a.m.
- Thursday, September 26, 2019..... **Claims Committee** at 10:00 a.m.
Executive Committee at 11:30 a.m.
- Thursday, October 24, 2019** **Risk Management Committee** at 9:30 a.m.
40th Anniversary Luncheon at 11:00 a.m.
Board of Directors at 1:30 p.m.
- Thursday, November 7, 2019 **Police Risk Management Committee** at 10:00 a.m.
- Thursday, January 16, 2020 Long-Range Planning and **Board of Directors** at 10:00 a.m.

Meeting Location: **Rocklin Event Center - Garden Room**

2650 Sunset Boulevard, Rocklin, CA 95677
(**Ballroom** for February, March and June meetings)

**Rocklin Police Department Emergency Operations Center
4080 Rocklin Road, Rocklin, CA 95677

Note: Additional Claims Committee Meetings may be scheduled as needed for Claims Authority approval which will be held via teleconference.



BACK TO AGENDA

**Northern California Cities Self Insurance Fund
Police Risk Management Committee Meeting
May 2, 2019**

TRAINING SESSION AT 11:30 A.M.

Shifting the Wellness Mindset - Building a Fit-for-Life Culture

Paul Wright, Founder and CEO of Savvy Health Solutions will provide a presentation on Shifting the Wellness Mindset - Building a Fit-for-Life Culture.



POLICE RISK MANAGEMENT COMMITTEE

SHIFTING THE WELLNESS MINDSET

Building a Fit-for-Life Culture

Overview:

The health and well-being of a Law Enforcement Officer is not only critical to performing their on-duty job, but also functioning during their off-duty life. The demands of police work are like no other profession and can have a significantly harmful physical and emotional impact. Paul Wright, Founder and CEO of Savvy Health Solutions, will share key insights on how a department can infuse some key elements into the culture that can help create balance for officers.

Date and Time:

Thursday, May 2, 2019

Committee meeting starts at 10 a.m.

Lunch provided at 11 a.m.

Training from 11:30 a.m. to 1:00 p.m.

Location:

Rocklin Event Center – Garden Room

2650 Sunset Blvd.

Rocklin, CA 95677

To Register:

Please e-mail Raychelle Maranan at raychelle.maranan@alliant.com with the names of those who wish to attend.

FREE TRAINING EVENT

Presenter: Paul Wright,
Savvy Health Solutions

Paul Wright is the Founder and CEO of Savvy Health Solutions. He has a degree in Physical Education, Athletic Training and Graduate Studies in Exercise Physiology. Paul's experience in the health and wellness industry has extended over 35 years with the key focus on helping organizations, including police and sheriff's departments, create and assume responsibility for a self-administered wellness program.

Read more here>>

Target Audience: Police Chiefs, Command Staff, Human Resources and Risk Managers are encouraged to attend.

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